



## PREVENTATIVE RETINAL SCREENING

We take the gift of sight very seriously and you should too. Routine retinal screening is now considered the standard of care as it allows the early detection of ocular and systemic disease. By regularly viewing the retina we can detect and monitor conditions such as Hypertension, Diabetes, Glaucoma and Macular Degeneration. Many other conditions can be diagnosed as well.

**Dilation** – in this procedure Doctor will use eye drops to temporarily enlarge the pupils. While this process allows Doctor to view the entire retina there is no permanent “picture” that is stored with your record for future comparison. There will be an additional 10-15 minutes wait period while the drops take effect. Then the Doctor will use a special head-mounted ocular system with a very bright light to view the retinas over about a 2 minute period. Dilation will blur your near vision for a short period, and will cause light sensitivity for 4 - 6 hours. Driving vision is usually not impaired but may require extra attention. Disposable sunglasses will be provided for your comfort. Dilation is covered as part of your comprehensive exam by most routine vision insurance plans.

**Digital retinal imaging** – In this procedure a digital image of the retina will be captured through a state-of-the art, high resolution digital fundus imaging system. Much like taking a photograph of the inside of your eye, this technique allows Doctor to view and assess the health of a large portion of the retina without all the negative side effects of a pupil dilation. The process takes only seconds and the image captured becomes a permanent part of your medical record for future reference and monitoring.

**Digital retinal imaging is not covered by most routine vision insurance plans.**

**The fee for this procedure is \$22.00.**

PLEASE CHOOSE **ONE** OF THE FOLLOWING:

- I give my informed consent to have my pupils dilated. (Initials)\_\_\_\_\_
- I give my informed consent to have digital retinal imaging. (Initials)\_\_\_\_\_

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## PREVENTATIVE VISUAL FIELD SCREENING

The Visual Field Analyzer is a sophisticated computerized instrument that electronically measures retinal and optic nerve function and sensitivity to light. This measurement can assist Doctor in the early detection of many disorders, including brain tumors, glaucoma, diabetic retinopathy, macular degeneration, retinal detachments and neurological disorders. It is especially important for people who have:

- \*Frequent headaches
- \*See spots or flashes of light
- \*Have personal or family history of diabetes or hypertension
- \*Have family history of glaucoma or macular degeneration
- \*Have a strong prescription

**Preventative visual field screening is not covered by most routine vision insurance plans.**

**The fee for this procedure is \$22.00.**

PLEASE CHOOSE **ONE** OF THE FOLLOWING:

- I give my informed consent to have preventative visual field screening. (Initials)\_\_\_\_\_
- I do not give my informed consent to have preventative visual field screening. (Initials)\_\_\_\_\_

## i-WELLNESS SCREENING

- I elect to have the full i-Wellness screening - both digital retinal imaging and preventative visual field screening for a total of \$39.00 – a package savings of \$5.00. (Initials) \_\_\_\_\_